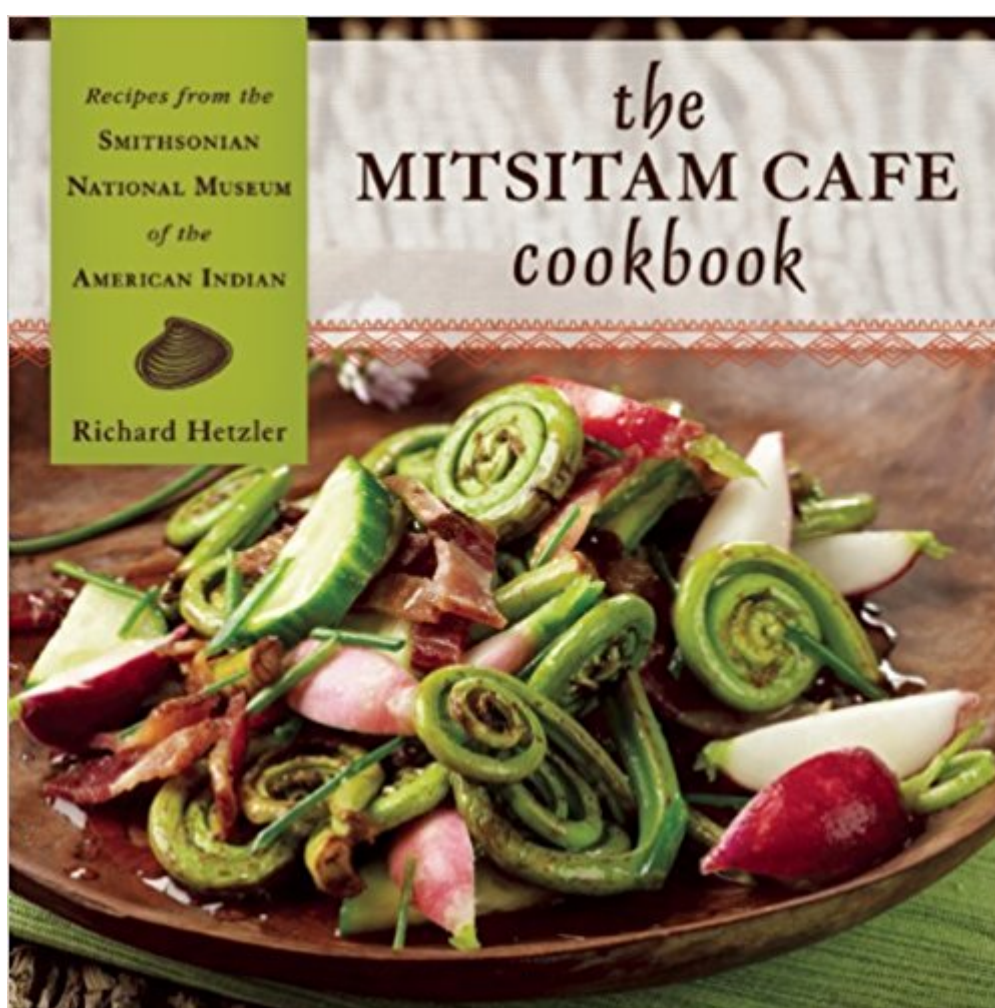


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# The Mitsitam Caf   Cookbook: Recipes From The Smithsonian National Museum Of The American Indian



## Synopsis

The Mitsitam Cafe Cookbook, published in association with the Smithsonian Institution's National Museum of the American Indian, showcases the Americas' indigenous foods in 90 easy-to-follow, home-tested recipes. Author and Mitsitam Cafe chef Richard Hetzler spent years researching Native American dishes and food practices for this stunning cookbook. Includes full-color images of the dishes and of objects from the museum's collection.

## Book Information

Hardcover: 192 pages

Publisher: Fulcrum Publishing; First Printing edition (November 1, 2010)

Language: English

ISBN-10: 155591747X

ISBN-13: 978-1555917470

Product Dimensions: 8 x 0.9 x 8 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 45 customer reviews

Best Sellers Rank: #290,938 in Books (See Top 100 in Books) #19 in Books > Cookbooks, Food & Wine > Regional & International > Native American #1126 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional

## Customer Reviews

March 3, 2011 - The Mitsitam Cafe Cookbook won "Best in the World" Cookbook for the "Best Local Cuisine" category of 2010 from Gourmand at the Paris Cookbook Fair. Finalists in the category included cookbooks from China, Malaysia, and Spain. The Mitsitam Cafe Cookbook gathers Native American traditional recipes from the Smithsonian National Museum, offering recipes that draw on a range of culinary traditions from five Native cultures in the Americas. Ninety recipes are adapted here for home cooks and while some require access to unusual ingredients to be found locally in the wild- such as Fiddlehead Fern Salad or Smoked Trout and Dandelion Green Salad- most (such as Potato and Pinto Bean Enchiladas) can be easily duplicated simply with access to a good market. Any culinary library- and all Native American collections- will find this unusual and appealing. • "Midwest Book Review

The kitchen of Richard Hetzler's German American childhood home in Baltimore provided his earliest culinary inspiration. After working in restaurant kitchens in high school, Hetzler attended the

Baltimore International Culinary College, graduating in 1995. He worked at several fine-dining restaurants in the Washington, DC/Baltimore area before joining the food-service firm Restaurant Associates, becoming the executive chef at the Smithsonian National Museum of Natural History. In 2003, he was on the team that researched and developed the groundbreaking concept for the National Museum of the American Indian's Mitsitam Cafe: serving indigenous foods that are the staples of five Native culture areas in North and South America. As the executive chef of the Mitsitam, which has become one of the country's most popular museum restaurants, he has continued to create and refine seasonal menus that showcase the truly native bounty of the Americas.

This is one of my favorite cookbooks and my collection spans more than forty years of cooking. The flavors are fresh and sometimes just a bit unexpected. But, the recipes are not difficult and ingredients are not hard to find if you live in a metropolitan area. It also serves as an inspiration to create your own recipes by riffing on those in the book. The only downside is that the book is a bit heavy on southwestern recipes and a little light on western woodlands and plains recipes. But, overall, food made with these recipes is just delicious!

Wonderful cookbook. Great food. Went to the American Indian Museum. Ate at cafe. Wanted to make some of the great food at home. Did not have all the recipes for all of the food we enjoyed, however. Maybe they will issue cookbook #2 in future?

I've really enjoyed all the items I've made so far, but the other reviews are correct. The cook times are off so you must keep your eye on cooking times and think critically about the ingredients.

After visiting the Mitsitam I knew I had to have this cookbook. There is a lot of information and beautiful pictures. I have been doing a lot of arm chair cooking and drooling since receiving it. I am looking forward to trying some of the recipes but most look like all day projects with visits to out of my way grocery stores. I will not be trying everything in this book but am glad I made the purchase.

Lots of interesting recipes and things about Native American culture. Great food photography and contains a guide for finding less common ingredients. A delicious look at the original Americana cuisine.

Great cookbook with new and different recipes! Bought it for the ceviche recipe (which I had tasted at the museum) but so pleased to have the others.

It is a good cookbook, but doesn't contain all of the recipes that are served at the museum restaurant. I actually bought the book for the Quinoa and pea salad, which my husband and I loved at the restaurant, but it wasn't there. Bummer.

Having visited the Mitsitam Cafe in Washington DC and actually met Richard Hetzer of Restaurant Associates, I was keen to try the recipes myself. The book is beautiful, easy to follow with exceptional photography. Great for a dinner party and the Hibiscus Agua Fresca is excellent! Delighted to have made this purchase and fully recommend it to everyone!

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